

Build Your Own Garden Fresh Salad

*All salads are a **GENEROUS** portion & served with fresh baked croissants with honey.
We provide crackers upon request.....*

The “Mediterranean”

Fresh mixed greens, feta cheese, grilled pineapple, mandarin oranges, candied pecans and your choice of dressing. 12.99

The “Grilled Romaine”

We grill hearts of romaine over a very hot open flame with a little smoke then top it with bacon, sliced grape tomatoes, parmesan cheese & crumbled feta cheese and your choice of dressing. 12.50

The “Emily” (NTS)

Crisp romaine lettuce topped with grilled artichokes, fresh mozzarella, diced tomatoes, our own Greek seasoning with balsamic reduction and lemon parmesan dressing with whole grain croutons. 12.99

The “Seasonal”

Fresh mixed greens, feta cheese, candied pecans, your choice of dressing and topped with our seasonal fruit. 11.99

The “Big Quesadilla”

Fresh mixed greens topped with roasted black bean corn medley, shredded pepper jack, shredded cheddar, shredded mozzarella, jalapenos, sour cream, fresh pico and roasted red pepper ranch. 12.99

The “Greek”

Fresh mixed greens topped with red onions, kalamata olives, feta cheese, hard boiled eggs, tomatoes, pepperoncini peppers and Greek seasoning with your choice of dressing. 12.99

The “Tropical Chicken Salad”

Our home made chicken salad served on half a pineapple with an assortment of fresh cut fruit sprinkled with candied pecans. 15.99

Soup & Salad

Your Choice. Pick any of the above listed salads and pair them with a cup of soup of your choice. 16.99 (This does not include the Tropical Chicken Salad). Don't forget about adding one of our delicious Salad Toppers.

Salad Toppers

With fresh grilled or Cajun Chicken Breast +4.99

**With fresh grilled or Cajun Salmon +8.99*

With hand breaded Chicken Tenders (3) +4.99

With grilled or Cajun Local/Gulf Shrimp (8) +8.99

**With seared 6oz Tuna +11.99*

Whole Grain Croutons & Love (Free)

Salad Dressings: Ranch and Non-Ranch

Featuring our house made Raspberry Key Lime Vinaigrette, Roasted Red Pepper Ranch & Creamy Lemon Parmesan. We also offer Greek Feta, Crumbled Bleu Cheese, Buttermilk Ranch, Wasabi Cucumber, Honey Mustard & Caesar.

Really Good Soups- “Seriously”

French Onion

Classic red wine & sweet onion reduction topped with toasted baguette & melted Swiss. Cup 6.00

Our Lobster & Crab Bisque

Every one knows this one!!!! Cup 7.99

Coach's Choice

Changes weekly based on season, available ingredients and Coach's mood!!!!..... Cup— Market Price

*These items are cooked to order.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.